

**22<sup>nd</sup> ANNUAL SIKH GAMES OF NEW JERSEY**  
 HOSTED BY GURUDWARA SRI GURU SINGH SABHA, INC., 541 PROSPECT  
 STREET, GLEN ROCK NJ, 07452  
**Registration Form for the Games will be held on July 17 & 18, 2010 at West Orange High  
 School, 51 Conforti Ave, West Orange, NJ 07052**

Forms from Central Jersey Sikh Association (CJSA)

116 North Main Street, Windsor, NJ 08561 [www.gurudwara-cjsa.org](http://www.gurudwara-cjsa.org) (Phone:  
 609-371-6188)

*Participant Information:*

Name: \_\_\_\_\_  Male  Female Date of Birth \_\_\_\_\_  
(Month Day Year)

Gurdwara: \_\_\_\_\_ Phone \_\_\_\_\_

1. I, certify that I am a Sikh and affiliated to the above Gurdwara Sahib and will participate in the Sikh Games by the rules and regulations of the 21<sup>st</sup> Sikh Games of New Jersey.
2. Sports Committee (Gurdwara Sri Guru Singh Sabha, Glen Rock) **will not** be responsible for any **accident and / or injuries** to any person either a participant or a spectator.

\_\_\_\_\_  
 Signature (Participant, Parent/Guardian)      Signature (Participant's Gurdwara Coordinator)

**Track Events:** Place 'X' in the boxes below, (NA- Not Available). Select **maximum 3** individual events.

Age Group /Tracks	Group 1 2004 & after (6 & under)	Group 2 2003-2001 (7-9 yrs)	Group 3 2000-1998 (10-12 yrs)	Group 4 1997-1995 (13-15 yrs)	Group 5 1994-1992 (16-18 yrs)	Group 6 1991&above (19 and above)
50 Yards Race		NA	NA	NA	NA	NA
100 Yards Race	NA					
200 Yards Race	NA	NA				
400 Yards Race	NA	NA				
1 Mile Race	NA	NA	NA			
4 x 100 Relay Race	NA	NA	NA			

**Team Events: (PLEASE CHOOSE ONLY TWO)**

Age Group /Sports Events	2000 & after (10 & After)	1999-1996 (11-14 yrs)	1995-1992 (15- 18 yrs)	1991 and before (19 yrs and above)
Basketball				
Soccer				
Volleyball	NA			

**Recreational events will be provided for children of age under 8 years and adults who did not participate in any of the sports or track events.**

**NOTES:**

1. All applications should be submitted with one form of ID for proof of Age. All participants should meet their respective age limits as of **December 31, 2010**. Participants can play **Only in ONE Age Group** either his/her own age group or higher age group in the same event. .
2. Participants must have ID at the start of the event for verification.
3. All participants must be members of the Gurdwara Sahib participating in the Sikh games.
4. Each participant can participate in only **TWO** sports events.