

23RD ANNUAL SIKH GAMES OF NEW JERSEY
 HOSTED BY NANAK NAAM JAHAJ GURUDWARA
 1080 WEST SIDE AVE, JERSEY CITY NJ, 07306

Registration Form for the Games will be held on July 16th & 17th, 2011 at West Orange High School, 51 Conforti Ave, West Orange, NJ 07052

Participant Information:

Name: _____ Male Female Date of Birth _____ / _____ / _____
(Month / Day Year)

Gurdwara: _____ Phone _____

1. I, certify that I am a Sikh and affiliated to the above Gurdwara Sahib and will participate in the Sikh Games by the rules and regulations of the 23rd Sikh Games of New Jersey.
2. Sports Committee (Gurdwara Nanak Naam Jahaj) **will not** be responsible for any **accident and / or injuries** to any person either a participant or a spectator.

 Signature (Participant, Parent/Guardian) Signature (Participant's Gurdwara Coordinator)

Track Events: Place 'X' in the boxes below, (NA- Not Available). Select Maximum 3 individual events.

Sports Events (Tracks)	Age Groups For Sports Events					
	Group 1 2005 & after (6 & under)	Group 2 2004 -2002 (Under 9 yrs)	Group 3 2001 -1999 (Under 12 yrs)	Group 4 1998 -1996 (Under 15 yrs)	Group 5 1995 -1993 (Under 18 yrs)	Group 6 1992 & above (Above 18 yrs)
50 Yrd Race		NA	NA	NA	NA	NA
100 Yrd Race	NA					
200 Yrd Race	NA	NA				
400 Yrd Race	NA	NA				
1 Mile Race	NA	NA	NA			
4 x 100 Relay Race	NA	NA	NA			

Team Events: (PLEASE CHOOSE ONLY TWO)

Games	Age Groups For Games			
	Age Group#1	Age Group#2	Age Group#3	Age Group#4
	2001 & after (10 & under)	2000-1997 (Under 14 yrs)	1996-1993 (Under 18 yrs)	1992 and before (Above 18 yrs)
Basketball				
Soccer				
Volleyball	NA			

Recreational events will be provided for children of age under 8 years and adults who did not participate in any of the sports or track events.

NOTES:

1. All applications should be submitted with one form of ID for proof of Age. All participants should meet their respective age limits as of **December 31, 2011**. Participants can play **Only in ONE Age Group** either his/her own age group or higher age group.
2. Participants must have ID at the start of the event for verification.
3. All participants must be members of the Gurdwara Sahib participating in the Sikh games.
4. Each participant can participate in only **TWO** sports events.
5. For Basket Ball and Soccer, there will be a common team for boys and girls, for the age group 10 years and under.
6. There is **only one, combined age group for Basket Ball, Soccer and Volleyball for Girls** falling under **Age Group#3 & 4** (under 18 years and above 18 years).
7. The color of T-Shirts should be the same as per last year for all Gurudwaras.